



## Individual Massage Options | Price List

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### Sports & Deep Tissue Massage

60-minute session: £45

45-minute session: £35

30-minute session: £25

### Swedish Massage

60-minute session: £40

### Reflexology

45-minute session: £35

30-minute session: £25

### Indian Head Massage

30-minute (laid down) session: £25

20-minute (sat up) session: £18

### TT's Seated Back, Neck & Shoulder Massage\*

30-minute session: £25

### Mix and Match any treatment:

60-minute session: £45

90-minute session: £65

\*These are done in a specialised massage chair designed for optimal comfort. Mobile home visits will incur an additional £3 transportation fee.

Basingstoke Sports Centre, Festival Place, Basingstoke, RG21 7LE

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